



## MASSAGES MENU

### **Holistic massage antistress**

Duration: 80 minutes

Price: € 120,00

*Acts on the accumulation of toxins on muscle bands, detoxifies the body, activates the natural production of endorphins and rebalances the psycho physical system.*

### **Relaxing massage**

Duration: 60 minutes

Price: € 90,00

*Works on muscle contractures by stretching them and returning fluency, flexibility and energy*

### **Vodder lymphatic drainage massage**

Duration: 60 minutes

Price: € 90,00

*Activates the lymphatic system, drains excess fluid, deflates the limbs and lightens them, balancing the circulatory system giving a feeling of total well-being.*

### **Anti-cellulite massaggess**

Duration: 60 minutes

Price: € 100,00

*Anti-cellulite massage works on the accumulation of cellulite, draining the excess fluids and reoxygenating tissues*

### **After sun soothing massage**

Duration: 60 minutes

Price: € 90,00

*Returns flexibility in the joints, gives softness and hydration to the skin after prolonged exposure to the sun.*

It is requested a reservation for the massage 1 day before the execution of the service – Contact the reception